

# ISLANDMAN Norderney Triathlon am 07. September 2019

## Ergebnisliste

### Sprinttriathlon 500m - 20km - 5km

### Männer

#### Altersklasse M20 -

| Platz | Nr. | Name Vorname        | Verein/*Ort       | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------------|-------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 87  | Telkemeyer Frederik | 1. Fc Brockhausen | 1:10:15 | M20 | 8   | 9        | 0     | 0:11:40 | 12    | 0:36:49 | 9      | 0:48:29  | 12    | 0:21:45 |
| 2     | 88  | Krieger Johannes    | 1. Fc Brockhausen | 1:11:11 | M20 | 12  | 8        | 0     | 0:11:31 | 21    | 0:38:16 | 11     | 0:49:48  | 9     | 0:21:22 |
| 3     | 0   | unbekannt DW4P27C   | *                 | 1:17:42 | M20 | 28  | 16       | 0     | 0:13:11 | 61    | 0:41:16 | 39     | 0:54:28  | 25    | 0:23:14 |
| 4     | 86  | Taha Tarek          | 1. Fc Brockhausen | 1:21:16 | M20 | 51  | 46       | 0     | 0:14:56 | 91    | 0:43:55 | 73     | 0:58:52  | 20    | 0:22:24 |
| 5     | 0   | unbekannt DY3ZE1W   | *                 | 1:26:20 | M20 | 74  | 81       | 0     | 0:16:24 | 86    | 0:43:05 | 78     | 0:59:29  | 76    | 0:26:51 |
| 6     | 83  | Behrmann Kevin      | *Großheide        | 1:31:34 | M20 | 103 | 84       | 0     | 0:16:31 | 116   | 0:47:05 | 109    | 1:03:36  | 91    | 0:27:58 |
| 7     | 84  | Becker Alexander    | *Wetzlar          | 1:31:37 | M20 | 104 | 99       | 0     | 0:17:17 | 138   | 0:49:30 | 126    | 1:06:48  | 42    | 0:24:48 |
| 8     | 0   | unbekannt DG718YH   | *                 | 1:35:25 | M20 | 119 | 111      | 0     | 0:17:54 | 106   | 0:45:44 | 110    | 1:03:39  | 119   | 0:31:46 |

#### Altersklasse M25 -

| Platz | Nr. | Name Vorname        | Verein/*Ort          | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------------|----------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 78  | Aulbert Maximilian  | TSG 07 Burg Gretesch | 1:10:16 | M25 | 9   | 26       | 0     | 0:14:01 | 10    | 0:35:43 | 10     | 0:49:45  | 6     | 0:20:31 |
| 2     | 76  | Seiboldt Paul       | *Frankfurt am Main   | 1:13:56 | M25 | 13  | 10       | 0     | 0:11:49 | 26    | 0:38:39 | 13     | 0:50:28  | 27    | 0:23:28 |
| 3     | 79  | Santl Matthias      | *Düsseldorf          | 1:18:54 | M25 | 35  | 52       | 0     | 0:15:24 | 55    | 0:41:01 | 50     | 0:56:25  | 22    | 0:22:29 |
| 4     | 77  | Maier Felix         | EOSC                 | 1:20:46 | M25 | 44  | 1        | 0     | 0:10:40 | 64    | 0:41:37 | 19     | 0:52:18  | 95    | 0:28:28 |
| 5     | 72  | Puchinger Alexander | Von 0 auf Sprint 2.0 | 1:21:15 | M25 | 50  | 91       | 0     | 0:16:43 | 67    | 0:41:59 | 71     | 0:58:43  | 23    | 0:22:31 |
| 6     | 73  | Richter Tim         | *Norderney           | 1:27:46 | M25 | 82  | 34       | 0     | 0:14:24 | 118   | 0:47:27 | 94     | 1:01:51  | 62    | 0:25:55 |
| 7     | 71  | Langenberg Eike     | *Düsseldorf          | 1:29:20 | M25 | 92  | 110      | 0     | 0:17:54 | 94    | 0:44:13 | 97     | 1:02:07  | 83    | 0:27:12 |
| 8     | 80  | Kretschmer Jonas    | DLRG Oerlinghausen   | 1:46:56 | M25 | 141 | 71       | 0     | 0:15:58 | 135   | 0:49:20 | 120    | 1:05:18  | 150   | 0:41:38 |

#### Altersklasse M30 -

| Platz | Nr. | Name Vorname       | Verein/*Ort            | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|--------------------|------------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 45  | Nobel Benjamin     | Fortuna Logabirum      | 1:05:52 | M30 | 5   | 6        | 0     | 0:11:29 | 3     | 0:33:52 | 4      | 0:45:21  | 5     | 0:20:31 |
| 2     | 64  | Zimmermann Maximi  | *Bonn                  | 1:14:32 | M30 | 16  | 20       | 0     | 0:13:32 | 35    | 0:39:30 | 28     | 0:53:02  | 10    | 0:21:29 |
| 3     | 46  | Sprenger Sebastian | Tri-Team Sprenger      | 1:15:45 | M30 | 20  | 51       | 0     | 0:15:16 | 24    | 0:38:35 | 36     | 0:53:52  | 14    | 0:21:52 |
| 4     | 54  | Pophal Ari         | *Hamburg               | 1:16:21 | M30 | 23  | 36       | 0     | 0:14:31 | 17    | 0:37:52 | 20     | 0:52:23  | 31    | 0:23:57 |
| 5     | 43  | Gardemann Jens     | Triathlon Team Rheinbe | 1:17:42 | M30 | 27  | 27       | 0     | 0:14:01 | 25    | 0:38:38 | 23     | 0:52:40  | 47    | 0:25:01 |
| 6     | 61  | Steffens Daniel    | TV Norden              | 1:17:54 | M30 | 29  | 30       | 0     | 0:14:10 | 62    | 0:41:21 | 45     | 0:55:32  | 18    | 0:22:21 |
| 7     | 59  | Runte Torben       | *Bremen                | 1:20:24 | M30 | 41  | 15       | 0     | 0:13:04 | 45    | 0:40:00 | 29     | 0:53:05  | 85    | 0:27:19 |
| 8     | 49  | Preuß Tim          | *Wilhelmshaven         | 1:21:29 | M30 | 52  | 82       | 0     | 0:16:25 | 46    | 0:40:02 | 52     | 0:56:27  | 48    | 0:25:02 |
| 9     | 51  | Hinrichs Marko     | Tri-Sport Burhufe      | 1:25:02 | M30 | 66  | 80       | 0     | 0:16:23 | 50    | 0:40:30 | 60     | 0:56:54  | 94    | 0:28:08 |
| 10    | 47  | Kraft Daniel       | *Hamburg               | 1:25:15 | M30 | 68  | 69       | 0     | 0:15:55 | 95    | 0:44:16 | 83     | 1:00:11  | 49    | 0:25:03 |
| 11    | 62  | Stegmann Christoph | *Düsseldorf            | 1:26:10 | M30 | 72  | 69       | 0     | 0:15:55 | 103   | 0:45:28 | 92     | 1:01:24  | 41    | 0:24:46 |
| 12    | 57  | Töller Christopher | TuS Norderney          | 1:26:18 | M30 | 73  | 116      | 0     | 0:18:06 | 58    | 0:41:04 | 75     | 0:59:10  | 82    | 0:27:07 |
| 13    | 66  | Utermöhl Stefan    | *Wedel                 | 1:29:49 | M30 | 98  | 88       | 0     | 0:16:33 | 104   | 0:45:29 | 95     | 1:02:03  | 88    | 0:27:46 |
| 14    | 55  | Gorka Benedict     | *Hamburg               | 1:30:59 | M30 | 101 | 97       | 0     | 0:17:14 | 113   | 0:46:47 | 113    | 1:04:01  | 78    | 0:26:57 |
| 15    | 48  | Fischer Henning    | *Bonn                  | 1:31:06 | M30 | 102 | 108      | 0     | 0:17:50 | 98    | 0:44:37 | 98     | 1:02:28  | 97    | 0:28:38 |
| 16    | 53  | Krause Gerit       | *Dortmund              | 1:33:43 | M30 | 114 | 79       | 0     | 0:16:21 | 111   | 0:46:15 | 102    | 1:02:36  | 117   | 0:31:06 |
| 17    | 52  | Stracke Florian    | *Hagen                 | 1:34:50 | M30 | 118 | 65       | 0     | 0:15:49 | 108   | 0:45:55 | 93     | 1:01:45  | 130   | 0:33:05 |
| 18    | 50  | Sandermann Sascha  | *Solms                 | 1:37:26 | M30 | 122 | 93       | 0     | 0:16:57 | 147   | 0:51:06 | 132    | 1:08:03  | 109   | 0:29:22 |
| 19    | 41  | Sprenger Stefan    | Tri-Team Sprenger      | 1:38:57 | M30 | 126 | 127      | 0     | 0:19:47 | 131   | 0:48:51 | 136    | 1:08:39  | 115   | 0:30:18 |
| 20    | 40  | Fentroß Daniel     | *Seevetal              | 1:51:51 | M30 | 151 | 139      | 0     | 0:21:23 | 151   | 0:54:09 | 152    | 1:15:32  | 144   | 0:36:18 |

## ISLANDMAN Norderney Triathlon am 07. September 2019

## Ergebnisliste

## Sprinttriathlon 500m - 20km - 5km

## Männer

## Altersklasse M35 -

| Platz | Nr. | Name Vorname          | Verein/*Ort             | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S   | Laufen1 | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen2 |
|-------|-----|-----------------------|-------------------------|---------|-----|-----|----------|---------|---------|---------|-----|---------|----------|---------|---------|
| 1     | 33  | Richter DR Ronald     | *Bad Soden              | 1:14:29 | M35 | 15  | 32       | 0:14:16 | 16      | 0:37:49 | 16  | 0:52:06 | 19       | 0:22:23 |         |
| 2     | 39  | Cordes Timo           | Triathlon Club Bremen   | 1:15:17 | M35 | 18  | 33       | 0:14:21 | 11      | 0:36:29 | 14  | 0:50:50 | 36       | 0:24:27 |         |
| 3     | 29  | Otten Markus          | *Wolfsburg              | 1:16:11 | M35 | 21  | 63       | 0:15:47 | 20      | 0:38:09 | 37  | 0:53:57 | 16       | 0:22:14 |         |
| 4     | 25  | Kitte Sebastian       | GW Steinbeck            | 1:16:51 | M35 | 24  | 19       | 0:13:30 | 27      | 0:38:47 | 18  | 0:52:17 | 38       | 0:24:33 |         |
| 5     | 38  | Klinkenborg Enno jun  | TV Norden               | 1:18:54 | M35 | 36  | 56       | 0:15:33 | 59      | 0:41:04 | 57  | 0:56:38 | 17       | 0:22:16 |         |
| 6     | 24  | Coordes Ingo          | MTV Aurich              | 1:20:16 | M35 | 40  | 57       | 0:15:36 | 54      | 0:40:50 | 51  | 0:56:26 | 29       | 0:23:50 |         |
| 7     | 26  | Schulte-Frohlinde Yor | Von 0 auf Sprint 2.0    | 1:22:24 | M35 | 59  | 89       | 0:16:34 | 90      | 0:43:48 | 84  | 1:00:22 | 15       | 0:22:01 |         |
| 8     | 32  | Sohns Volker          | *Aurich                 | 1:25:09 | M35 | 67  | 50       | 0:15:16 | 81      | 0:42:54 | 68  | 0:58:11 | 79       | 0:26:58 |         |
| 9     | 30  | Neugebauer Tim        | *Bad Soden              | 1:26:06 | M35 | 71  | 67       | 0:15:51 | 100     | 0:45:04 | 90  | 1:00:56 | 52       | 0:25:10 |         |
| 10    | 34  | Walla Philipp         | *Hannover               | 1:26:44 | M35 | 76  | 40       | 0:14:45 | 109     | 0:45:58 | 89  | 1:00:43 | 64       | 0:26:00 |         |
| 11    | 31  | Sprenger Christian    | Tri-Team Sprenger       | 1:27:22 | M35 | 78  | 109      | 0:17:52 | 72      | 0:42:12 | 82  | 1:00:05 | 84       | 0:27:16 |         |
| 12    | 27  | Fischer André         | SV Rees                 | 1:28:02 | M35 | 84  | 130      | 0:19:55 | 78      | 0:42:40 | 101 | 1:02:35 | 56       | 0:25:26 |         |
| 13    | 28  | Kinder Tobias         | Hamminkelter SV         | 1:28:02 | M35 | 85  | 86       | 0:16:31 | 76      | 0:42:31 | 74  | 0:59:03 | 105      | 0:28:58 |         |
| 14    | 35  | Beckmann Stefan       | BE Happy                | 1:28:23 | M35 | 87  | 72       | 0:16:00 | 117     | 0:47:13 | 106 | 1:03:14 | 51       | 0:25:09 |         |
| 15    | 20  | Tebben Christian      | Aktivita Gesundheitswel | 1:29:23 | M35 | 93  | 49       | 0:15:12 | 120     | 0:47:31 | 105 | 1:02:43 | 72       | 0:26:40 |         |
| 16    | 36  | Lehmann-Böhm Phil     | Clan Nauticus           | 1:31:44 | M35 | 106 | 103      | 0:17:24 | 101     | 0:45:05 | 99  | 1:02:29 | 106      | 0:29:14 |         |
| 17    | 37  | Haseneder Christoph   | *Seevetal               | 1:35:42 | M35 | 120 | 112      | 0:17:54 | 114     | 0:46:51 | 115 | 1:04:46 | 116      | 0:30:56 |         |

## Altersklasse M40 -

| Platz | Nr. | Name Vorname       | Verein/*Ort           | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S   | Laufen1 | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen2 |
|-------|-----|--------------------|-----------------------|---------|-----|-----|----------|---------|---------|---------|-----|---------|----------|---------|---------|
| 1     | 16  | Peters Jörg        | Emder LG              | 1:07:59 | M40 | 6   | 5        | 0:10:53 | 8       | 0:35:27 | 6   | 0:46:20 | 11       | 0:21:38 |         |
| 2     | 2   | Beermann Thorsten  | SV Teuto Riesenbeck   | 1:14:59 | M40 | 17  | 18       | 0:13:21 | 39      | 0:39:46 | 30  | 0:53:08 | 13       | 0:21:51 |         |
| 3     | 7   | Reichardt Oliver   | *Rottenburg           | 1:17:06 | M40 | 25  | 22       | 0:13:42 | 15      | 0:37:30 | 15  | 0:51:12 | 61       | 0:25:54 |         |
| 4     | 3   | Friedrichs Lars    | TSVE 1890 Bielefeld e | 1:17:54 | M40 | 30  | 38       | 0:14:41 | 19      | 0:38:04 | 25  | 0:52:45 | 50       | 0:25:09 |         |
| 5     | 8   | Mascioli Francesco | *Norderney            | 1:19:33 | M40 | 38  | 12       | 0:12:19 | 63      | 0:41:29 | 35  | 0:53:49 | 57       | 0:25:44 |         |
| 6     | 89  | Wilbert Stefan     | *Köln                 | 1:20:35 | M40 | 42  | 42       | 0:14:48 | 43      | 0:39:58 | 42  | 0:54:47 | 58       | 0:25:48 |         |
| 7     | 12  | De Buhr Volker     | *Hamburg              | 1:21:30 | M40 | 53  | 17       | 0:13:21 | 36      | 0:39:35 | 27  | 0:52:56 | 96       | 0:28:33 |         |
| 8     | 6   | Wehking Roland     | Bö20b                 | 1:21:52 | M40 | 54  | 41       | 0:14:46 | 66      | 0:41:41 | 53  | 0:56:28 | 54       | 0:25:23 |         |
| 9     | 1   | Enters Timm        | BSG Volksbank Niede   | 1:22:22 | M40 | 58  | 53       | 0:15:25 | 57      | 0:41:02 | 54  | 0:56:28 | 60       | 0:25:53 |         |
| 10    | 18  | Garrels Söhnke     | *Lehrte               | 1:25:31 | M40 | 69  | 83       | 0:16:26 | 70      | 0:42:02 | 70  | 0:58:29 | 81       | 0:27:02 |         |
| 11    | 11  | Frodeno Dominic    | *Hamburg              | 1:27:32 | M40 | 79  | 48       | 0:15:10 | 85      | 0:42:59 | 67  | 0:58:09 | 108      | 0:29:22 |         |
| 12    | 5   | Verbos Mark        | *Berlin               | 1:27:37 | M40 | 80  | 95       | 0:17:07 | 105     | 0:45:30 | 104 | 1:02:38 | 45       | 0:24:58 |         |
| 13    | 271 | Trebsdorf Throsten | TuS Norderney         | 1:27:54 | M40 | 83  | 106      | 0:17:35 | 65      | 0:41:38 | 77  | 0:59:14 | 98       | 0:28:40 |         |
| 14    | 9   | Meding Jan         | The Medings           | 1:31:59 | M40 | 108 | 101      | 0:17:20 | 122     | 0:47:36 | 116 | 1:04:57 | 80       | 0:27:02 |         |
| 15    | 284 | Schlieth Wolfgang  | TuS Norderney         | 1:34:10 | M40 | 115 | 107      | 0:17:44 | 129     | 0:48:37 | 125 | 1:06:21 | 90       | 0:27:48 |         |
| 16    | 15  | Schlich Nikas      | Provinzial Engel      | 1:47:34 | M40 | 144 | 43       | 0:14:50 | 145     | 0:50:12 | 117 | 1:05:02 | 152      | 0:42:32 |         |
| 17    | 14  | Hempel Florian     | *Hamburg              | 1:47:34 | M40 | 145 | 138      | 0:21:14 | 130     | 0:48:45 | 139 | 1:10:00 | 145      | 0:37:34 |         |

## ISLANDMAN Norderney Triathlon am 07. September 2019

## Ergebnisliste

## Sprinttriathlon 500m - 20km - 5km

## Männer

## Altersklasse M45 -

| Platz | Nr. | Name Vorname       | Verein/*Ort             | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S   | Laufen1 | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen2 |
|-------|-----|--------------------|-------------------------|---------|-----|-----|----------|---------|---------|---------|-----|---------|----------|---------|---------|
| 1     | 258 | Rexhausen Thorsten | Triteam Zugerland       | 1:10:16 | M45 | 10  | 11       | 0:12:13 | 9       | 0:35:36 | 8   | 0:47:49 | 21       | 0:22:27 |         |
| 2     | 266 | Strotmann Matthias | Haselünner SV           | 1:10:34 | M45 | 11  | 55       | 0:15:30 | 7       | 0:34:26 | 12  | 0:49:57 | 7        | 0:20:37 |         |
| 3     | 252 | Rahn Uwe           | Starlight Team Essen e. | 1:18:28 | M45 | 32  | 44       | 0:14:53 | 28      | 0:38:49 | 34  | 0:53:42 | 40       | 0:24:45 |         |
| 4     | 247 | Jenke Matthias     | *Varel                  | 1:18:55 | M45 | 37  | 68       | 0:15:55 | 13      | 0:36:53 | 26  | 0:52:49 | 66       | 0:26:05 |         |
| 5     | 246 | Janssen Alwin      | Ferienhof Rixte         | 1:20:37 | M45 | 43  | 75       | 0:16:04 | 41      | 0:39:53 | 46  | 0:55:57 | 39       | 0:24:39 |         |
| 6     | 248 | Pelster Martin     | *Münster                | 1:20:59 | M45 | 45  | 37       | 0:14:35 | 49      | 0:40:17 | 43  | 0:54:52 | 67       | 0:26:06 |         |
| 7     | 253 | Hüske Torsten      | *Esens                  | 1:22:18 | M45 | 57  | 23       | 0:13:53 | 52      | 0:40:40 | 41  | 0:54:33 | 87       | 0:27:45 |         |
| 8     | 256 | Kraski Oliver      | 1. TCO Die Bären        | 1:23:19 | M45 | 62  | 90       | 0:16:36 | 44      | 0:39:59 | 56  | 0:56:35 | 74       | 0:26:44 |         |
| 9     | 264 | Paff Oliver        | SG Welper               | 1:24:10 | M45 | 64  | 118      | 0:18:10 | 75      | 0:42:25 | 87  | 1:00:35 | 28       | 0:23:34 |         |
| 10    | 262 | Heskamp Jan        | Team Erdinger Alkohol   | 1:25:58 | M45 | 70  | 92       | 0:16:56 | 40      | 0:39:46 | 58  | 0:56:43 | 107      | 0:29:15 |         |
| 11    | 254 | Bolinus Thomas     | TV Norden               | 1:26:23 | M45 | 75  | 113      | 0:17:55 | 77      | 0:42:38 | 86  | 1:00:33 | 59       | 0:25:50 |         |
| 12    | 255 | HAMMERMANN D       | *Hamburg                | 1:28:02 | M45 | 86  | 78       | 0:16:12 | 84      | 0:42:59 | 76  | 0:59:11 | 102      | 0:28:51 |         |
| 13    | 245 | Beckmann Lutz      | *Oldenburg              | 1:29:35 | M45 | 95  | 98       | 0:17:15 | 88      | 0:43:22 | 88  | 1:00:38 | 104      | 0:28:57 |         |
| 14    | 268 | Tuxhorn Björn      | *Kamen                  | 1:31:40 | M45 | 105 | 133      | 0:20:30 | 97      | 0:44:33 | 119 | 1:05:03 | 71       | 0:26:36 |         |
| 15    | 260 | Reisten Thomas     | Bombay Buddies          | 1:37:28 | M45 | 123 | 132      | 0:20:29 | 99      | 0:45:00 | 122 | 1:05:30 | 121      | 0:31:57 |         |
| 16    | 267 | Hermes Markus      | BSG Volksbank Niede     | 1:37:31 | M45 | 124 | 77       | 0:16:10 | 133     | 0:49:19 | 121 | 1:05:30 | 123      | 0:32:00 |         |
| 17    | 265 | Starke Thomas      | *Seevetal               | 1:42:11 | M45 | 133 | 123      | 0:18:40 | 146     | 0:50:31 | 137 | 1:09:12 | 129      | 0:32:58 |         |
| 18    | 263 | Milch Markus       | VT Triangel Kempen      | 1:47:24 | M45 | 143 | 147      | 0:22:02 | 144     | 0:49:54 | 147 | 1:11:57 | 142      | 0:35:27 |         |
| 19    | 251 | Blechs Schmidt Kay | *Hamburg                | 1:50:24 | M45 | 148 | 144      | 0:21:49 | 150     | 0:53:12 | 150 | 1:15:02 | 141      | 0:35:22 |         |

## Altersklasse M50 -

| Platz | Nr. | Name Vorname        | Verein/*Ort             | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S   | Laufen1 | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen2 |
|-------|-----|---------------------|-------------------------|---------|-----|-----|----------|---------|---------|---------|-----|---------|----------|---------|---------|
| 1     | 229 | Oelmaier Tobias     | TV Rodenkirchen Tria    | 1:03:52 | M50 | 2   | 3        | 0:10:46 | 2       | 0:33:24 | 2   | 0:44:10 | 3        | 0:19:41 |         |
| 2     | 234 | Geserick Olaf       | 1.TCO die Bären         | 1:04:37 | M50 | 3   | 2        | 0:10:41 | 4       | 0:34:07 | 3   | 0:44:48 | 4        | 0:19:48 |         |
| 3     | 206 | Trumpp Henning      | Aaseesportler           | 1:14:25 | M50 | 14  | 66       | 0:15:50 | 14      | 0:37:21 | 31  | 0:53:12 | 8        | 0:21:13 |         |
| 4     | 218 | Müller Uwe B.       | 1965                    | 1:16:15 | M50 | 22  | 25       | 0:13:59 | 22      | 0:38:24 | 21  | 0:52:24 | 30       | 0:23:51 |         |
| 5     | 225 | Eichholz Dirk       | 1.TCO Die Bären         | 1:18:36 | M50 | 34  | 45       | 0:14:54 | 37      | 0:39:37 | 40  | 0:54:31 | 33       | 0:24:05 |         |
| 6     | 216 | Hoffrichter Gunnar  | *Hamburg                | 1:21:04 | M50 | 47  | 24       | 0:13:55 | 33      | 0:39:27 | 32  | 0:53:22 | 86       | 0:27:41 |         |
| 7     | 219 | Kopp Thomas         | DIMB Köln               | 1:21:54 | M50 | 55  | 94       | 0:17:00 | 34      | 0:39:29 | 55  | 0:56:29 | 55       | 0:25:24 |         |
| 8     | 243 | De Wall Michael     | MTV Aurich              | 1:22:30 | M50 | 60  | 31       | 0:14:12 | 83      | 0:42:58 | 61  | 0:57:10 | 53       | 0:25:20 |         |
| 9     | 224 | Chmielewski Roland  | Triathlon Team Ratinge  | 1:24:00 | M50 | 63  | 60       | 0:15:39 | 68      | 0:41:59 | 62  | 0:57:39 | 69       | 0:26:21 |         |
| 10    | 241 | Oltrop Ralf         | *Emden                  | 1:24:53 | M50 | 65  | 74       | 0:16:03 | 69      | 0:42:00 | 66  | 0:58:03 | 75       | 0:26:49 |         |
| 11    | 211 | Budde Klaus         | StTV Berne              | 1:28:54 | M50 | 89  | 145      | 0:21:56 | 53      | 0:40:41 | 103 | 1:02:37 | 68       | 0:26:16 |         |
| 12    | 209 | Defort Ralf         | MTV Aurich              | 1:29:04 | M50 | 90  | 21       | 0:13:37 | 123     | 0:47:39 | 91  | 1:01:16 | 89       | 0:27:47 |         |
| 13    | 230 | Nowinski Karl-Heinz | Team ENERCON            | 1:29:43 | M50 | 96  | 85       | 0:16:31 | 87      | 0:43:12 | 80  | 0:59:44 | 113      | 0:29:59 |         |
| 14    | 215 | Rehbein DR Jörg     | Bombay Buddies          | 1:30:58 | M50 | 100 | 47       | 0:15:08 | 79      | 0:42:41 | 63  | 0:57:49 | 131      | 0:33:09 |         |
| 15    | 235 | Venzke Dirk         | SwimVenRun              | 1:31:57 | M50 | 107 | 140      | 0:21:37 | 71      | 0:42:12 | 112 | 1:03:49 | 93       | 0:28:07 |         |
| 16    | 236 | Lelek Frank         | Bombay Buddies          | 1:32:23 | M50 | 110 | 58       | 0:15:36 | 74      | 0:42:23 | 64  | 0:57:59 | 134      | 0:34:23 |         |
| 17    | 213 | Warnken Frank       | *Bremen                 | 1:33:24 | M50 | 112 | 64       | 0:15:49 | 73      | 0:42:14 | 65  | 0:58:03 | 140      | 0:35:21 |         |
| 18    | 223 | Schäfer Ansgar      | *Oer-Erkenschwick       | 1:34:30 | M50 | 117 | 115      | 0:18:04 | 92      | 0:44:00 | 96  | 1:02:05 | 126      | 0:32:24 |         |
| 19    | 212 | Glamann Galf        | *Großheide              | 1:38:22 | M50 | 125 | 131      | 0:19:55 | 107     | 0:45:47 | 124 | 1:05:43 | 127      | 0:32:39 |         |
| 20    | 217 | Knop Andreas        | Logistik Zenztrum BW    | 1:40:29 | M50 | 128 | 135      | 0:20:44 | 124     | 0:47:44 | 135 | 1:08:28 | 122      | 0:32:00 |         |
| 21    | 220 | Zerwer Hartmut      | FF-Nenndorf             | 1:41:03 | M50 | 129 | 136      | 0:20:45 | 128     | 0:48:35 | 138 | 1:09:20 | 118      | 0:31:42 |         |
| 22    | 244 | Titkemeyer Martin   | PV Triathlon Witten     | 1:41:51 | M50 | 131 | 146      | 0:21:57 | 102     | 0:45:23 | 127 | 1:07:20 | 135      | 0:34:31 |         |
| 23    | 208 | Schröder Martin     | Tri-As Hamm             | 1:43:03 | M50 | 137 | 122      | 0:18:23 | 140     | 0:49:36 | 131 | 1:07:59 | 137      | 0:35:03 |         |
| 24    | 232 | Osiander Andreas    | Teuto Runner / AB Tri 1 | 1:44:07 | M50 | 139 | 142      | 0:21:45 | 141     | 0:49:36 | 144 | 1:11:22 | 128      | 0:32:45 |         |
| 25    | 207 | Kück Matthias       | TV Schwanewede          | 1:46:53 | M50 | 140 | 124      | 0:18:47 | 110     | 0:46:15 | 118 | 1:05:02 | 151      | 0:41:51 |         |
| 26    | 239 | Sommer Bernd        | VT Triangel Kempen      | 1:47:24 | M50 | 142 | 148      | 0:22:02 | 143     | 0:49:54 | 146 | 1:11:56 | 143      | 0:35:27 |         |
| 27    | 278 | Eich Markus         | Meetago                 | 1:50:07 | M50 | 146 | 100      | 0:17:19 | 149     | 0:52:53 | 141 | 1:10:13 | 148      | 0:39:54 |         |
| 28    | 279 | Lülsdorf Udo        | Meetago                 | 1:50:07 | M50 | 147 | 58       | 0:15:36 | 152     | 0:54:28 | 140 | 1:10:05 | 149      | 0:40:02 |         |

## ISLANDMAN Norderney Triathlon am 07. September 2019

## Ergebnisliste

## Sprinttriathlon 500m - 20km - 5km

## Männer

## Altersklasse M55 -

| Platz | Nr. | Name Vorname         | Verein/*Ort           | Endzeit | AK  | Pl. | Ges. Pl. | S. Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|----------------------|-----------------------|---------|-----|-----|----------|------------|-------|---------|--------|----------|-------|---------|
| 1     | 198 | Jakisch Thomas       | WSU Tri Team Waren    | 1:18:30 | M55 | 33  | 29       | 0:14:02    | 23    | 0:38:26 | 22     | 0:52:28  | 65    | 0:26:01 |
| 2     | 191 | Schädler Jens        | Sportgruppe Hamburg-L | 1:21:07 | M55 | 48  | 114      | 0:17:55    | 29    | 0:38:58 | 59     | 0:56:54  | 34    | 0:24:12 |
| 3     | 199 | Klein Gunnar         | team-naunheim.de      | 1:21:12 | M55 | 49  | 62       | 0:15:43    | 51    | 0:40:32 | 48     | 0:56:16  | 44    | 0:24:56 |
| 4     | 190 | Wecek Axel           | Trispeed Marienfeld   | 1:23:15 | M55 | 61  | 76       | 0:16:08    | 48    | 0:40:15 | 49     | 0:56:23  | 77    | 0:26:51 |
| 5     | 194 | Schaefer Tobias      | BTG Männerriege I     | 1:27:03 | M55 | 77  | 102      | 0:17:20    | 56    | 0:41:02 | 69     | 0:58:22  | 99    | 0:28:41 |
| 6     | 202 | Saathoff Claas       | Tus Norderney         | 1:27:40 | M55 | 81  | 134      | 0:20:38    | 30    | 0:39:02 | 79     | 0:59:40  | 92    | 0:27:59 |
| 7     | 205 | Janssen Paul-Gerhard | MTV Aurich            | 1:28:29 | M55 | 88  | 104      | 0:17:33    | 60    | 0:41:14 | 72     | 0:58:47  | 111   | 0:29:41 |
| 8     | 200 | Detjen Rainer Gustav | ohne                  | 1:29:19 | M55 | 91  | 61       | 0:15:43    | 93    | 0:44:11 | 81     | 0:59:54  | 110   | 0:29:24 |
| 9     | 203 | Gondermann Gilbert   | *Telgte               | 1:29:49 | M55 | 97  | 87       | 0:16:32    | 115   | 0:46:52 | 107    | 1:03:24  | 70    | 0:26:25 |
| 10    | 193 | Öchsner Klaus        | TC RW Greven          | 1:32:15 | M55 | 109 | 105      | 0:17:34    | 80    | 0:42:54 | 85     | 1:00:28  | 120   | 0:31:46 |
| 11    | 281 | Lippa Volker         | TriTeam Radevormwal   | 1:33:28 | M55 | 113 | 137      | 0:20:46    | 82    | 0:42:56 | 111    | 1:03:43  | 112   | 0:29:45 |
| 12    | 280 | Brücher DR Jens      | TV Frisch Auf Lennep  | 1:34:25 | M55 | 116 | 120      | 0:18:21    | 136   | 0:49:21 | 130    | 1:07:42  | 73    | 0:26:43 |
| 13    | 195 | Schnepp Ralf         | *Ratingen             | 1:37:13 | M55 | 121 | 149      | 0:22:04    | 112   | 0:46:16 | 133    | 1:08:20  | 103   | 0:28:53 |
| 14    | 192 | Wittenbrink Martin   | AWG-Club              | 1:42:56 | M55 | 136 | 125      | 0:19:31    | 125   | 0:48:10 | 129    | 1:07:42  | 139   | 0:35:14 |
| 15    | 201 | Fuchs DR Martin      | *Bramsche             | 1:43:45 | M55 | 138 | 143      | 0:21:49    | 142   | 0:49:42 | 145    | 1:11:31  | 125   | 0:32:14 |
| 16    | 197 | Köpke Stephan        | Von 0 auf Sprint 2.0  | 1:50:24 | M55 | 149 | 151      | 0:22:25    | 148   | 0:52:45 | 151    | 1:15:10  | 138   | 0:35:13 |
| 17    | 196 | Finke Markus         | *Gelsenkirchen        | 1:59:54 | M55 | 153 | 129      | 0:19:52    | 153   | 1:01:28 | 153    | 1:21:20  | 147   | 0:38:33 |

## Altersklasse M60 -

| Platz | Nr. | Name Vorname         | Verein/*Ort          | Endzeit | AK  | Pl. | Ges. Pl. | S. Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|----------------------|----------------------|---------|-----|-----|----------|------------|-------|---------|--------|----------|-------|---------|
| 1     | 181 | Kutscher Wolfgang    | M.gladbacher tv 1848 | 1:17:33 | M60 | 26  | 39       | 0:14:42    | 18    | 0:37:59 | 24     | 0:52:41  | 43    | 0:24:51 |
| 2     | 282 | Lutz Joachim         | Mengens Triathlon    | 1:18:10 | M60 | 31  | 35       | 0:14:30    | 38    | 0:39:41 | 38     | 0:54:11  | 32    | 0:23:59 |
| 3     | 178 | Mix DR Uli           | Triwölfe Hansa Stuhr | 1:19:45 | M60 | 39  | 54       | 0:15:30    | 42    | 0:39:54 | 44     | 0:55:24  | 35    | 0:24:20 |
| 4     | 185 | Sprenger Josef       | Tri-Team Sprenger    | 1:29:29 | M60 | 94  | 126      | 0:19:47    | 89    | 0:43:45 | 108    | 1:03:32  | 63    | 0:25:57 |
| 5     | 183 | Eden Kurt            | TV Norden            | 1:30:07 | M60 | 99  | 117      | 0:18:06    | 119   | 0:47:30 | 123    | 1:05:36  | 37    | 0:24:31 |
| 6     | 189 | Brox Paul            | *Münster             | 1:32:40 | M60 | 111 | 119      | 0:18:13    | 96    | 0:44:17 | 100    | 1:02:30  | 114   | 0:30:09 |
| 7     | 307 | Kohlisch Hans Joachi | *                    | 1:39:35 | M60 | 127 | 96       | 0:17:09    | 121   | 0:47:32 | 114    | 1:04:42  | 136   | 0:34:53 |
| 8     | 182 | Eilermann Hubert     | Löningen             | 1:42:02 | M60 | 132 | 128      | 0:19:49    | 127   | 0:48:34 | 134    | 1:08:24  | 133   | 0:33:38 |
| 9     | 176 | Segin Franz-Josef    | *Leichlingen         | 1:42:14 | M60 | 134 | 153      | 0:24:02    | 137   | 0:49:27 | 149    | 1:13:30  | 100   | 0:28:43 |
| 10    | 180 | Schröder Harald      | dreidrunter          | 1:42:52 | M60 | 135 | 150      | 0:22:18    | 126   | 0:48:22 | 142    | 1:10:40  | 124   | 0:32:12 |
| 11    | 184 | Holzappel Lutz       | TV Norden            | 1:50:47 | M60 | 150 | 152      | 0:22:53    | 139   | 0:49:33 | 148    | 1:12:26  | 146   | 0:38:20 |
| 12    | 187 | Van der Pütten Kalle | Kanu Club Hanseat Br | 1:57:38 | M60 | 152 | 141      | 0:21:44    | 134   | 0:49:20 | 143    | 1:11:04  | 153   | 0:46:33 |

## Altersklasse M65 -

| Platz | Nr. | Name Vorname     | Verein/*Ort | Endzeit | AK  | Pl. | Ges. Pl. | S. Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|------------------|-------------|---------|-----|-----|----------|------------|-------|---------|--------|----------|-------|---------|
| 1     | 174 | Buschmann Jürgen | *Bremen     | 1:21:03 | M65 | 46  | 73       | 0:16:00    | 47    | 0:40:03 | 47     | 0:56:04  | 46    | 0:24:58 |
| 2     | 175 | Steinau Helmut   | kein Verein | 1:41:07 | M65 | 130 | 121      | 0:18:22    | 132   | 0:49:17 | 128    | 1:07:40  | 132   | 0:33:27 |

## Altersklasse MJB -

| Platz | Nr. | Name Vorname  | Verein/*Ort   | Endzeit | AK  | Pl. | Ges. Pl. | S. Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------|---------------|---------|-----|-----|----------|------------|-------|---------|--------|----------|-------|---------|
| 1     | 287 | Meenken Janno | DSC Oldenburg | 1:03:32 | MJB | 1   | 4        | 0:10:51    | 1     | 0:33:17 | 1      | 0:44:09  | 2     | 0:19:23 |

## Altersklasse MJUN -

| Platz | Nr. | Name Vorname     | Verein/*Ort        | Endzeit | AK  | Pl. | Ges. Pl. | S. Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|------------------|--------------------|---------|-----|-----|----------|------------|-------|---------|--------|----------|-------|---------|
| 1     | 269 | Hannawald Finn   | 1. TCO die bären   | 1:04:48 | MJU | 4   | 7        | 0:11:30    | 5     | 0:34:17 | 5      | 0:45:48  | 1     | 0:18:59 |
| 2     | 270 | Beckmann Arne    | 1. TCO             | 1:09:42 | MJU | 7   | 13       | 0:12:43    | 6     | 0:34:18 | 7      | 0:47:02  | 24    | 0:22:40 |
| 3     | 272 | Rosenthal Markus | DLRG Oerlinghausen | 1:15:29 | MJU | 19  | 14       | 0:12:49    | 31    | 0:39:23 | 17     | 0:52:13  | 26    | 0:23:16 |
| 4     | 273 | Dierßen Ben      | 1.TCO              | 1:22:14 | MJU | 56  | 28       | 0:14:02    | 32    | 0:39:26 | 33     | 0:53:28  | 101   | 0:28:46 |

# ISLANDMAN Norderney Triathlon am 07. September 2019

# Ergebnisliste

## Sprinttriathlon 500m - 20km - 5km

## Frauen

### Altersklasse W20 -

| Platz | Nr. | Name Vorname        | Verein/*Ort        | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------------|--------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 162 | Friedrich Charlotte | 1. TCO Die Bären   | 1:10:44 | W20 | 2   | 1        | 0     | 0:12:35 | 3     | 0:36:50 | 2      | 0:49:25  | 1     | 0:21:18 |
| 2     | 164 | Strakeljahn Frauke  | Marathon Steinfurt | 1:19:03 | W20 | 5   | 2        | 0     | 0:13:01 | 6     | 0:40:15 | 4      | 0:53:16  | 7     | 0:25:46 |
| 3     | 166 | Gerken Julia        | *Münster           | 1:25:57 | W20 | 11  | 7        | 0     | 0:14:20 | 21    | 0:44:12 | 10     | 0:58:33  | 19    | 0:27:24 |
| 4     | 159 | Apt Alexandra       | *Düsseldorf        | 1:32:31 | W20 | 24  | 8        | 0     | 0:14:33 | 24    | 0:44:46 | 12     | 0:59:20  | 37    | 0:33:11 |
| 5     | 161 | Gersching Shalina   | OTV                | 1:39:50 | W20 | 37  | 14       | 0     | 0:15:23 | 43    | 0:50:23 | 32     | 1:05:46  | 42    | 0:34:03 |
| 6     | 167 | Müller Patrizia     | *Düsseldorf        | 1:51:15 | W20 | 51  | 47       | 0     | 0:20:29 | 50    | 0:53:37 | 51     | 1:14:07  | 50    | 0:37:07 |

### Altersklasse W25 -

| Platz | Nr. | Name Vorname    | Verein/*Ort        | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|-----------------|--------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 150 | Otten Carmen    | Tri-Team Osnabrück | 1:12:15 | W25 | 3   | 4        | 0     | 0:13:51 | 2     | 0:36:21 | 3      | 0:50:13  | 3     | 0:22:02 |
| 2     | 151 | Hock Maren      | TuS Norderney      | 1:24:23 | W25 | 7   | 13       | 0     | 0:15:19 | 9     | 0:41:51 | 7      | 0:57:10  | 17    | 0:27:12 |
| 3     | 153 | Lange Talitha   | OTV Endurance Team | 1:27:11 | W25 | 14  | 44       | 0     | 0:20:08 | 11    | 0:42:53 | 24     | 1:03:01  | 5     | 0:24:10 |
| 4     | 152 | Goj Catharina   | *Köln              | 1:34:29 | W25 | 28  | 16       | 0     | 0:15:35 | 33    | 0:48:07 | 28     | 1:03:42  | 29    | 0:30:46 |
| 5     | 157 | Rosenthal Julia | DLRG Oerlinghausen | 1:40:34 | W25 | 39  | 35       | 0     | 0:18:56 | 28    | 0:45:58 | 29     | 1:04:54  | 48    | 0:35:39 |
| 6     | 156 | Bläul Julia     | Hannover 96        | 1:41:26 | W25 | 41  | 21       | 0     | 0:16:47 | 37    | 0:49:01 | 33     | 1:05:49  | 47    | 0:35:37 |

### Altersklasse W30 -

| Platz | Nr. | Name Vorname         | Verein/*Ort           | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|----------------------|-----------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 144 | Miller Kimberly      | Tri-Team-Osnabrück    | 1:08:42 | W30 | 1   | 3        | 0     | 0:13:09 | 1     | 0:33:56 | 1      | 0:47:06  | 2     | 0:21:36 |
| 2     | 142 | Peck Katharina       | PACE PACK RUNNER      | 1:17:42 | W30 | 4   | 12       | 0     | 0:15:19 | 4     | 0:39:29 | 5      | 0:54:49  | 4     | 0:22:53 |
| 3     | 292 | Wegner Sonja         | mummyshealth          | 1:26:17 | W30 | 12  | 19       | 0     | 0:16:41 | 17    | 0:43:50 | 17     | 1:00:31  | 6     | 0:25:45 |
| 4     | 149 | Schädler Anne        | Sportgruppe Hamburg-I | 1:29:05 | W30 | 16  | 31       | 0     | 0:18:12 | 15    | 0:43:38 | 21     | 1:01:50  | 18    | 0:27:14 |
| 5     | 140 | Hansen Melanie       | Von 0 auf Sprint 2.0  | 1:33:38 | W30 | 27  | 9        | 0     | 0:14:46 | 42    | 0:50:15 | 30     | 1:05:01  | 24    | 0:28:36 |
| 6     | 148 | Siedentopp DR Lena   | *Bonn                 | 1:40:00 | W30 | 38  | 52       | 0     | 0:22:36 | 30    | 0:46:28 | 42     | 1:09:04  | 30    | 0:30:56 |
| 7     | 145 | Schiffbauer Fabienne | *Troisdorf            | 1:41:52 | W30 | 42  | 33       | 0     | 0:18:42 | 35    | 0:48:37 | 38     | 1:07:20  | 45    | 0:34:31 |
| 8     | 147 | Palm Deborah         | TuS Norderney         | 1:46:54 | W30 | 48  | 49       | 0     | 0:21:00 | 31    | 0:47:24 | 40     | 1:08:25  | 54    | 0:38:29 |
| 9     | 141 | Samulat Solveig      | *Bremerhaven          | 1:59:16 | W30 | 54  | 45       | 0     | 0:20:23 | 55    | 0:56:57 | 52     | 1:17:20  | 57    | 0:41:56 |

### Altersklasse W35 -

| Platz | Nr. | Name Vorname           | Verein/*Ort           | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|------------------------|-----------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 135 | Meyer Tina             | TV Norden             | 1:24:25 | W35 | 8   | 10       | 0     | 0:15:15 | 10    | 0:42:14 | 8      | 0:57:30  | 14    | 0:26:55 |
| 2     | 137 | Rödiger Eva            | *Hamburg              | 1:28:26 | W35 | 15  | 25       | 0     | 0:17:30 | 19    | 0:43:58 | 19     | 1:01:28  | 15    | 0:26:58 |
| 3     | 138 | Dirks Kerstin          | FC St Pauli Triathlon | 1:38:46 | W35 | 35  | 34       | 0     | 0:18:46 | 32    | 0:48:06 | 36     | 1:06:52  | 33    | 0:31:53 |
| 4     | 136 | Fichtner-Neitzel Silke | *Bochum               | 1:45:15 | W35 | 46  | 24       | 0     | 0:17:12 | 52    | 0:54:00 | 46     | 1:11:12  | 43    | 0:34:03 |
| 5     | 134 | Matullat Imke          | *Bremerhaven          | 1:50:08 | W35 | 50  | 41       | 0     | 0:19:41 | 54    | 0:54:24 | 50     | 1:14:06  | 49    | 0:36:02 |

### Altersklasse W40 -

| Platz | Nr. | Name Vorname         | Verein/*Ort          | Endzeit | AK  | Pl. | Ges. Pl. | Pl. S | Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|----------------------|----------------------|---------|-----|-----|----------|-------|---------|-------|---------|--------|----------|-------|---------|
| 1     | 146 | Reichstein Jessica   | *HAMBURG             | 1:25:34 | W40 | 10  | 5        | 0     | 0:14:11 | 14    | 0:43:37 | 9      | 0:57:48  | 20    | 0:27:45 |
| 2     | 124 | Lange Sonja          | *Oldenburg           | 1:32:44 | W40 | 25  | 17       | 0     | 0:16:28 | 40    | 0:49:57 | 35     | 1:06:26  | 9     | 0:26:17 |
| 3     | 128 | Götze Christine      | Bö20b                | 1:36:39 | W40 | 32  | 11       | 0     | 0:15:17 | 45    | 0:51:08 | 34     | 1:06:26  | 27    | 0:30:13 |
| 4     | 129 | Visser Ivonne        | TuS Norderney Triath | 1:38:19 | W40 | 33  | 51       | 0     | 0:21:44 | 34    | 0:48:16 | 44     | 1:10:01  | 23    | 0:28:18 |
| 5     | 130 | Dierßen Meike        | Laufrausch           | 1:44:42 | W40 | 44  | 38       | 0     | 0:19:03 | 41    | 0:50:04 | 43     | 1:09:08  | 46    | 0:35:34 |
| 6     | 133 | Kampschulte Stefanie | *Haltern am See      | 1:45:41 | W40 | 47  | 46       | 0     | 0:20:23 | 49    | 0:53:36 | 49     | 1:14:00  | 32    | 0:31:41 |
| 7     | 295 | Bauer Tanja          | *Remchingen          | 1:55:26 | W40 | 52  | 53       | 0     | 0:22:37 | 57    | 0:59:31 | 55     | 1:22:09  | 38    | 0:33:17 |

# ISLANDMAN Norderney Triathlon am 07. September 2019

## Ergebnisliste

### Sprinttriathlon 500m - 20km - 5km

### Frauen

#### Altersklasse W45 -

| Platz | Nr. | Name Vorname      | Verein/*Ort            | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|-------------------|------------------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 114 | Hohmann Nicole    | Team Hohmann           | 1:24:51 | W45 | 9   | 27       | 0:17:43   | 7     | 0:41:15 | 11     | 0:58:58  | 8     | 0:25:52 |
| 2     | 118 | Holtappel Heike   | Allround Triathlon Tea | 1:30:20 | W45 | 20  | 36       | 0:19:03   | 23    | 0:44:35 | 27     | 1:03:38  | 13    | 0:26:42 |
| 3     | 120 | Buss Hilde        | TV Norden              | 1:31:15 | W45 | 21  | 43       | 0:19:57   | 5     | 0:39:47 | 14     | 0:59:44  | 31    | 0:31:30 |
| 4     | 122 | Leson Nathalie    | *Datteln               | 1:31:41 | W45 | 23  | 18       | 0:16:31   | 12    | 0:42:54 | 13     | 0:59:26  | 35    | 0:32:14 |
| 5     | 116 | Beckmann Katrin   | '1. TCO #Die Bären'''  | 1:38:34 | W45 | 34  | 20       | 0:16:47   | 13    | 0:43:23 | 15     | 1:00:10  | 52    | 0:38:23 |
| 6     | 119 | Potratz Ulrike    | Von 0 auf Sprint 2.0   | 1:41:26 | W45 | 40  | 28       | 0:18:07   | 36    | 0:48:50 | 37     | 1:06:58  | 44    | 0:34:27 |
| 7     | 117 | Kettelhake Sandra | Lillemei Endurance Tea | 1:44:35 | W45 | 43  | 42       | 0:19:48   | 46    | 0:51:17 | 45     | 1:11:05  | 40    | 0:33:29 |
| 8     | 115 | Hennig Tanja      | TSG Concordia Schön    | 1:57:26 | W45 | 53  | 54       | 0:26:17   | 48    | 0:52:41 | 53     | 1:18:58  | 53    | 0:38:27 |

#### Altersklasse W50 -

| Platz | Nr. | Name Vorname        | Verein/*Ort          | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------------|----------------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 112 | Wittek Claudia      | MTV Aurich           | 1:29:13 | W50 | 17  | 36       | 0:19:03   | 16    | 0:43:39 | 23     | 1:02:42  | 11    | 0:26:30 |
| 2     | 108 | Turow-Gaszczak Mich | *Schloß Holte        | 1:30:01 | W50 | 18  | 26       | 0:17:32   | 29    | 0:46:04 | 26     | 1:03:36  | 10    | 0:26:24 |
| 3     | 110 | Streich Stefanie    | TV Georgsmarienhütte | 1:35:18 | W50 | 29  | 32       | 0:18:22   | 39    | 0:49:48 | 39     | 1:08:10  | 16    | 0:27:08 |
| 4     | 309 | Ber Gerken Regina   | TV Norden            | 1:35:32 | W50 | 31  | 30       | 0:18:09   | 26    | 0:45:07 | 25     | 1:03:16  | 36    | 0:32:15 |
| 5     | 107 | Schomaker Birgit    | *Bielefeld           | 1:38:48 | W50 | 36  | 40       | 0:19:25   | 38    | 0:49:21 | 41     | 1:08:46  | 25    | 0:30:01 |
| 6     | 111 | Kück Katja          | TV Schwanewede       | 2:05:53 | W50 | 57  | 56       | 0:26:59   | 56    | 0:57:22 | 57     | 1:24:21  | 56    | 0:41:31 |

#### Altersklasse W55 -

| Platz | Nr. | Name Vorname         | Verein/*Ort          | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|----------------------|----------------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 99  | Solaro Katrin        | RuFV Norderney       | 1:26:59 | W55 | 13  | 15       | 0:15:27   | 25    | 0:44:50 | 16     | 1:00:17  | 12    | 0:26:41 |
| 2     | 100 | Wolf Gabriele        | DSC 98 Düsseldorf    | 1:35:21 | W55 | 30  | 39       | 0:19:25   | 27    | 0:45:38 | 31     | 1:05:03  | 28    | 0:30:17 |
| 3     | 95  | Autenrieth Elisabeth | Von 0 auf Sprint 2.0 | 1:44:51 | W55 | 45  | 48       | 0:20:31   | 44    | 0:50:57 | 47     | 1:11:28  | 39    | 0:33:23 |
| 4     | 98  | Uhländer Regina      | Frau                 | 1:47:13 | W55 | 49  | 50       | 0:21:29   | 47    | 0:51:51 | 48     | 1:13:20  | 41    | 0:33:52 |

#### Altersklasse W60 -

| Platz | Nr. | Name Vorname   | Verein/*Ort           | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|----------------|-----------------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 92  | Boßmann Hedwig | Hamminkelter SV       | 1:30:03 | W60 | 19  | 29       | 0:18:08   | 18    | 0:43:57 | 22     | 1:02:05  | 22    | 0:27:58 |
| 2     | 93  | Schädler Susan | Sportgruppe Hamburg-I | 1:31:37 | W60 | 22  | 23       | 0:17:03   | 22    | 0:44:31 | 20     | 1:01:34  | 26    | 0:30:02 |
| 3     | 91  | Buss Janna     | TV Norden             | 2:00:14 | W60 | 55  | 55       | 0:26:30   | 51    | 0:53:59 | 54     | 1:20:29  | 55    | 0:39:44 |

#### Altersklasse W65 -

| Platz | Nr. | Name Vorname       | Verein/*Ort | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|--------------------|-------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 90  | Klinkenborg Margit | TV Norden   | 2:01:13 | W65 | 56  | 57       | 0:29:41   | 53    | 0:54:02 | 56     | 1:23:44  | 51    | 0:37:28 |

#### Altersklasse WJA -

| Platz | Nr. | Name Vorname  | Verein/*Ort         | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------|---------------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 171 | Müller Annika | VTB Varel Triathlon | 1:23:47 | WJA | 6   | 6        | 0:14:16   | 8     | 0:41:39 | 6      | 0:55:56  | 21    | 0:27:51 |

#### Altersklasse WJUN -

| Platz | Nr. | Name Vorname  | Verein/*Ort | Endzeit | AK  | Pl. | Ges. Pl. | S Laufen1 | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen2 |
|-------|-----|---------------|-------------|---------|-----|-----|----------|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 169 | Jung Caroline | *Wetzlar    | 1:32:47 | WJU | 26  | 22       | 0:16:51   | 20    | 0:43:59 | 18     | 1:00:51  | 34    | 0:31:56 |